

Introduction:

- To walk in divine healing and in divine health. We need only to understand redemption and what has been provided for us through the cross of Christ. And we need only to act in faith to appropriate that healing for our lives and for others.
 - Divine Healing means that sickness has in some way touched or entered our bodies and we now need deliverance or healing through Christ to make our bodies whole again.
 - Divine health refers to living healthy every day through faith in the finished work of Christ on the cross.
- So living in divine health and walking in divine healing requires us to know what is available and ours in Christ and then having the faith to see that revelation manifested in our lives.
- Tonight we will look at the cause of sickness and disease, not because knowing it will get us healed but it will reveal our need for redemptions work in our bodies and how to also avoid sickness and disease.
- Tonight will also begin to reveal to us the root causes of sickness so that we eliminate them and live free from them.

I. The Beginning

- A. When God created Adam and Eve they were set in a garden called Eden. It was perfect! There was no decay, no death, no disease of any kind. It was the perfect place to raise a family! It was the perfect place to live whole, free from all manner of death, dying and affliction. It was the reality of God's description of the Promised Land. Everything about it was good!
- B. There was no sickness in the Garden of Eden before the first sin was committed. And there was no sickness in the Garden of Eden after Adam and Eve were banished from it. For it was they who had yielded to sin and when they did, death entered them. Death began to be at work in them. Where there is sin there is sickness, disease, and decay.
 1. There was no sickness in the Garden of Eden.
 2. There is no sickness in heaven.
 3. Where sin is found sickness is found. Therefore to walk in Divine health and Divine healing, sin must be dealt with. A revelation of redemption must be given. And faith must be applied
 4. When Adam and Eve yielded to temptation, and disobedience entered into their hearts, both sin and sickness entered as well.
 - a) *"But the Lord God warned him, "You may freely eat the fruit of every tree in the garden –except the tree of the knowledge of good and evil. If you eat its fruit, you are sure to die.""* (Genesis 2:16-17, NLT)
 - b) *"Therefore, as sin came into the world through one man, and death as the result of sin, so death spread to all men, [no one being able to stop it or to escape its power] because all men sinned."* (Romans 5:12, AMP)
- C. Sickness is death beginning to work on the human body. Therefore, we can say with confidence that ALL sickness is a result of sin. We need redeemed from it!
- D. We also see sin and sickness closely related in the NT.

1. *"Seeing their faith, Jesus said to the paralyzed man, "My child, your sins are forgiven.""* (Mark 2:5, NLT) Jesus saw the paralytic and declare his sins forgiven.
 2. In John 5:14 Jesus says to a lame man who had been healed: *"Now you are well; so stop sinning, or something even worse may happen to you."* (John 5:14, NLT) It sure sounds that there is a close connection between sin and sickness ... or righteousness and health.
 3. *"Confess your sins to each other and pray for each other so that you may be healed."* (James 5:16, NLT) But look at the introduction to this verse: *And if you have committed any sins, you will be forgiven.* James 5:15
 4. *"He himself bore our sins in his body on the tree, that we might die to sin and live to righteousness. By his wounds you have been healed."* (1 Peter 2:24, ESV) Again, even on the cross we sin and sickness closely related.
- E. The Old Testament, sin and sickness.
1. Psalm 107:17-20 Fools because of their sin are afflicted. Yet God heard their cry and sent His Word and healed them.
 2. Numbers 12:8-9 Miriam speaks against Moses in a critical manner. She breaks out with leprosy. Moses prays for her and she is healed.
- F. Sin breaks down the hedge of protection that the Word provides for us. Satan cannot get through a hedge made by God unless a man tears it down from the inside out.
1. Job. *"You have always put a wall of protection around him and his home and his property. You have made him prosper in everything he does. Look how rich he is!"* (Job 1:10, NLT)
 2. According to Romans 2:11 *God does not show favoritism.*
 3. Job tore down his hedge with his fear. *"What I always feared has happened to me. What I dreaded has come true."* (Job 3:25, NLT)
 4. Miriam tore down her hedge with her words, her criticism against God's appointed.

II. Demons bring sickness.

- A. As spirit filled Christians we are not to be afraid of demons. But to know our AUTHORITY over them. Not every sickness is cause by demons but they are behind the vast majority.
- B. *Woman bound 18 years. "he encountered a seriously handicapped woman. She was crippled and had been doubled over for eighteen years. Her condition was caused by a demonic spirit of bondage that had left her unable to stand up straight."* (Luke 13:11, TPT) An afflicting spirit is not a spirit of possession.
- C. Jesus healed those oppressed of the devil. *"how God anointed Jesus of Nazareth with the Holy Spirit and with power. He went about doing good and **healing all who were oppressed by the devil, for God was with him.**"* (Acts 10:38, ESV)
- D. Deaf and dumb spirit cast out to heal seizures. Mark 9:22-25

III. Ignorance and Unbelief

- A. Because we do not know what is ours in Christ we do not contend for it.
 1. 1 Cor 11:23-32 We eat and drink judgement upon ourselves....out of ignorance.
 2. We do not discern the body of Christ. Meaning we do not know what all has been provided in the blood and body of Christ.
- B. Because we have been taught wrong we have settled for unbelief. Lies we have been taught:

1. God can heal you ...but He probably won't.
2. If it is His will...which it probably is not.
3. He is trying to teach you something...but you will never get it.
4. God doesn't heal everyone...so don't you expect it. Jesus healed all...there were none sick who came out of Egypt.

IV. Physical Cause of Disease

- A. There are natural laws that exist for our bodies. To break them opens the doors for sickness, disease, and affliction. Divine healing was never meant to take the place of rest, eating right, living clean (sanitary), and practicing habits that make us strong.
 1. We are commanded by God to rest. A day was created to do that. Ex 20:9-10. We are to enter into His rest. Heb 3:7-ff; Heb 4:9; Mk 2:27 The sabbath was made for man not the other way around. Many nervous disorders are caused by lack of rest.
- B. There are disease in our bodies because of certain deficiencies.
 1. We do not eat right.
 2. Or we over eat to often.
 3. We consume to much sugars and mineral deficient foods.
- C. Lack of Exercise can cause sickness.
 1. 1 Tim 4:8 says that exercise is of some value; good for a short time. Godliness is good for eternity.
 2. Exercise is good but godliness profits more.
- D. Weaking the body through bad habits/abusing our bodies. Smoking, narcotics, alcohol, there are many things that people are doing that were never meant to go into the body.
- E. Exposure to the elements. We do not take care of our 'temple.'

V. Accidents and Atrocities

- A. Luke 13:2-5 Pilate murdered people from Galilee. The tower of Siloam fell on people.
- B. In a fallen world, falling things happen.
- C. *"The thief comes only to steal and kill and destroy..."* (John 10:10, ESV)

Conclusion:

- The bottom line of all sickness and disease is sin. Romans 5:12 *"death as the result of sin."* That does not point to anyones sin personally it points to the condition of sin at work in a fallen world.
- And To walk in divine healing and in divine health. We need only to understand redemption and what has been provided for us through the cross of Christ. And we need only to act in faith to appropriate that healing for our lives and for others.
- God is still a miracle working God!
 - He can and will restore your health!
 - Dt 28:1-14 All for listening to the voice of God.
 - *I came that they may have life and have it abundantly.* Jn 10:10